

PEP Talks

Parents Empowering Parents



A Transition Support Program for Parents and Caregivers of Youth Living with T1D



About PEP Talks:

Who is PEP Talks for?

- Parents and caregivers of transition aged youth with T1D living in the Halton/Peel Region.

What does PEP Talks offer?

- 4-part virtual workshop series with practical tips and information on how to prepare your children for the transition to post-secondary school and adult care.
- A supportive community of caregivers who understand the challenges of T1D.
- Online resources to guide your family through transition and beyond.



Register for a PEP Talks virtual workshop today!

For more details, email heather@diabeteshopefoundation.com



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