

# Diabetes Hope Foundation

## Expanding Our Impact



Over the years, we have seen our Scholarship Program grow in ways we could have only dreamed of. Applications are up by an astounding 52% in 2024. This is a testament to the impact we are making in the lives of Canadian youth. Our staff team is stronger than ever, equipped with the knowledge, skills, and compassion needed to drive our mission forward.

I am inspired by the involvement of our youth leaders, whose energy and innovative spirit breathe new life into our programs. I am thrilled to share that DHF is expanding beyond our Alumni base, reaching even more individuals and families in need of support.

This growth has been made possible through the unwavering support of our many community partners. Their belief in our mission has strengthened our resolve to make a difference. As we embrace new growth and expansion, it has become increasingly clear that there is a need for more structured leadership within our organization.

While the grassroots spirit will always remain at the heart of DHF, the time has come for a more formalized approach to guide us through this new chapter of our journey.

I am incredibly proud to announce that I will be transitioning from the role of Chairwoman to take on the position of CEO. This shift represents a strategic move toward a more structured and efficient leadership model, and is not a transition that I take lightly. It is a reflection of my deep commitment to the future of DHF and my unwavering belief in its potential.

I am thrilled to work alongside the new DHF Board of Directors Executive, led by a longtime supporter, advocate, and dear friend, Peter Atkins. His dedication to our cause and his vision for the future of our organization make him the perfect leader for this new chapter. Under his guidance, I am confident that DHF will continue to thrive, innovate, and impact the lives of youth with T1D.

As I take on the role of CEO, I am filled with optimism and gratitude and I have full confidence in the incredible team that surrounds me. I am certain that together, we will build on the legacy of DHF and take it to even greater heights.

I invite you to join us in this exciting new phase of our journey as a part of the positive changes we are making in Canada.

In closing, I want to express my deepest gratitude to all of you who have supported and believed in the mission of the Diabetes Hope Foundation. It is because of your unwavering commitment that we stand here today, ready to embark on this new and promising chapter. Together, we will continue to be a beacon of hope for those affected by diabetes. Together, we will create a brighter future for all.

Thank you.

A handwritten signature in cursive script that reads "Barbara Pasternak". The signature is written in a dark ink and is positioned above the printed name and title.

Barbara Pasternak, M.S.M.  
Founder and CEO

# Meet the 2024 Board of Directors

## Executive Committee



**Peter Atkins**  
Chair  
District Chief,  
Toronto Fire Services



**Kimberley Hanson**  
Vice Chair  
CEO,  
HealthPartners Canada

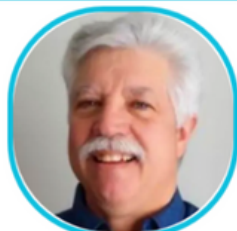


**Saul Sigulim**  
Treasurer  
Retired



**Joan Canavan**  
Secretary  
Health Care Consultant

## Directors



**Bob Edwards**  
Director of Retail and Food Services, Humber  
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Transition Resources for Canadian Youth with T1D