

# Commitment to Growth



The Diabetes Hope Foundation is celebrating more than 25 years as a positive influence on young people with diabetes, and Barbara Pasternak's vision to make transition easier for young people with diabetes is real. In 2024, DHF awarded our 943rd scholarship in Canada, with applications being received and scholarships being awarded from coast to coast. We are a nationally recognized diabetes organization - imagine that incredible accomplishment!

Since 1999, we have grown as a charity and evolved as an organization. As Barbara moves from her position on the the Board of Directors to that of CEO at DHF, she is able to dedicate even more of her time and energy to directly bettering the lives of young people with diabetes. I've been working with Barbara in various capacities for over 25 years, and as her Vice Chair for more than a decade. She has inspired my continuing involvement with DHF and as I move into the role of Board Chair, I am excited about my new role and hope to live up to Barbara's example of leadership and growth for the Foundation.

Let me emphasize my continuing commitment to supporting the DHF mission. I was diagnosed with type one when I was 14 years of age and I understand the bumpy road of diabetes management and transition. The members of the Board of Directors are dedicated to supporting youth with diabetes, and like me, every board member has a personal connection to this disease and a commitment to improving the lives of young people living with it. We are a dedicated and dynamic group of volunteers, sharing the foundation's mission to provide education and resources to help youth with diabetes transition to a healthier tomorrow.

The growing influence of our alumni inspires the Board of Directors, and we remain committed to standing with them as they work to improve life with diabetes for others. Our support is unwavering, and we encourage and welcome the contributions of all. Consider joining us in our efforts.

Best always,

A handwritten signature in black ink, appearing to read 'P. Atkins'.

Peter Atkins  
Chair, Board of Directors  
Diabetes Hope Foundation