



A WORD FROM OUR FOUNDER & CEO

As the CEO and founder of Diabetes Hope Foundation, I am thrilled to share our impact over the past year. Since our inception in 1999, our mission has always been to support and empower youth living with diabetes through various resources and programs that connect them with DHF families across Canada.

This past year, we have significantly expanded our community programs, a testament to the leadership, commitment, and dedication of our incredible team. Their hard work has allowed us to reach new heights, impacting more individuals and families than ever before. Our initiatives are more than just programs; they are lifelines that foster connection, support, and empowerment for youth living with T1D.

I want to take a moment to express my heartfelt appreciation to our Alumni community. Their commitment has been invaluable, with many stepping forward to offer their insights, time, and resources. This involvement has not only strengthened our programs but has also cultivated a vibrant support network that youth can rely on. It's truly inspiring to see our Alumni embody the spirit of DHF, guiding and mentoring the next generation.

As we look to the future, let's carry this momentum forward. The dedication and passion that have brought us here will propel us into the next chapter of our journey. Together, we will continue to innovate, expand our reach, and deepen our impact within the community. Let's continue to work together, inspired by our shared vision. Here's to another year of growth, collaboration, and success!

BARBARA PASTERNAK, M.S.M.
FOUNDER AND CEO