



## A WORD FROM OUR CHAIR

The Diabetes Hope Foundation (DHF) continues to positively impact the diabetes community across Canada.

In 2025, DHF awarded its 989th scholarship after receiving applications from coast to coast, and the Foundation is on the verge of awarding its 1000th scholarship in 2026. This is a great accomplishment!

As a nationally recognized diabetes organization, the growing impact of DHF programs, and the volunteers and staff who make them happen, inspires the DHF Board of Directors.

Let me emphasize our shared commitment to supporting the DHF mission. I was diagnosed with type one when I was 14 years of age and I understand the bumpy road of diabetes management and transition. My fellow members of the DHF Board of Directors are dedicated to supporting youth with diabetes, and like me, every board member has a personal connection to T1D and a commitment to improving the lives of young people living with it. The Board is a dynamic group of volunteers sharing the Foundation's mission to provide education and resources to help youth with diabetes transition to a healthier tomorrow.

As DHF Board continues to strengthen, we are proud to have had two scholarship recipient alumni serving as Directors in 2025. This is "pay it forward" coming to be. Nothing pleases us more than to see DHF recipients becoming the next generation of leaders.

Barbara Pasternak continues to inspire my personal involvement with DHF as Board Chair, and I continue to be motivated by her dedication to supporting young people and their families who are impacted by diabetes.

Best always,

A handwritten signature in black ink, appearing to read "Peter Atkins".

**PETER ATKINS**  
CHAIR, BOARD OF DIRECTORS